

# Using the AV Arm Harness Part No: 00300

1



**The AV Arm Harness allows for role playing to be carried out.**

The AV Arm Harness is designed to fit over the right shoulder and upper arm.

The Harness has a mounting point to which the Arm is attached.

2



Insert the mounting point into the end of the Arm ...

... and rotate the Arm until it is screwed fully onto the mounting point.

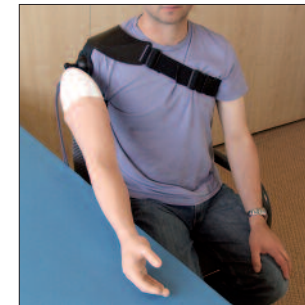
3



Get an assistant to support the Arm whilst the Harness is placed over the right shoulder and the chest strap is clipped together and then loosely tightened.

Raise the right arm and securely fix the velcro strap around it.

4



Hold the Arm and comfortably tighten the chest strap so that the Harness cannot move.

Set up your training scenario.



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Part No: **065-104**

Issue 1, September 2008  
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